

Safe Patient Vehicle Transfers: Demonstrations and Explanations – From Car to Care

SPHM in Car Extractions

January 14, 2026

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Host: **ASPHP**

Presenters: **Christopher Craigmile, CSPHP and Dennis Markle**

Facilitator: **Terri Kelly**

The ASPHP is a nonprofit organization established to improve the safety of healthcare workers and recipients by advancing the science and practice of safe patient handling and mobility (SPHM).

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Attain recognition for specialized skills. Acquire the skills needed to make SPHM programs successful.

Certification Options: Associate, Clinician, Professional (www.csphp.org)

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Serve on our Board. Become an officer.

Chris Craigmile, CSPHP

Chris is a Safe Patient Handling Professional with over 15 years of experience supporting SPHM programs in acute, long-term, and outpatient care settings. As owner of Craigmile Health Solutions, he specializes in risk assessments, program development, and caregiver injury prevention. Chris serves on multiple national SPHM committees, leads the SPHM Certification Executive Committee, and co-founded the annual New York State SPHM Summit.



Dennis Markle

Denny is an experienced Safe Patient Handling (SPH) professional with over a decade of work in clinical consulting, education, and product solutions that support caregiver safety and early mobility. As a Senior Product Specialist at Guldman, he leads SPH training and program support across the U.S. East Coast, building on his early hands-on experience as a Lift Team Technician at Geisinger Medical Center. Inspired by a career-ending back injury in 2011, Dennis is a committed advocate for safe transfer practices and continues to contribute to SPH policy, bariatric care best practices, and national educational initiatives.

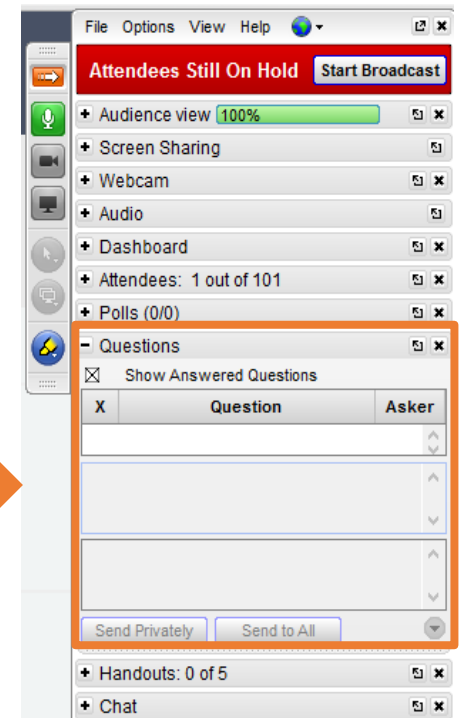


Housekeeping

Audio is muted throughout the presentation and Q & A session (10-15 final minutes).

If you have a comment or question during the presentation, please submit your question in the box on the right-hand side of your screen.

Once the Q & A session is open, we will address the comments and questions.



Housekeeping

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FROM CAR TO CARE

SPHM IN CAR
EXTRACTIONS



Safe Patient Handling & Mobility (SPHM)

Vehicle Transfers for Moderate to Fully Dependent Patients

Presented by Christopher Craigmile, CSPHP

Denny Markle, CSPHA

- ▶ This training provides step-by-step instruction for safely transferring moderate to fully dependent patients from vehicles using evidence-based SPHM practices.
- ▶ Applicable to emergent and non-emergent scenarios across multiple care settings.

COURSE OVERVIEW

By the end of this program, learners will be able to:

- ▶ • Identify risks associated with vehicle transfers
- ▶ • Assess patient mobility and environmental hazards
- ▶ • Select appropriate SPHM equipment
- ▶ • Demonstrate safe vehicle transfer techniques

LEARNING OBJECTIVES

Patient Risks:

- ▶ Falls
- ▶ Skin shearing or pressure injuries
- ▶ Discomfort or loss of dignity
- ▶ Patient Falls

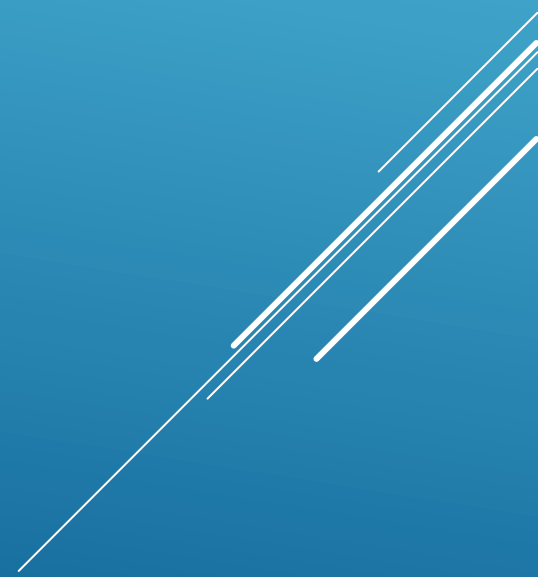
Caregiver Risks:

- ▶ Musculoskeletal injuries
- ▶ Overexertion
- ▶ Awkward postures and confined spaces

UNDERSTANDING THE RISKS

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▶ INTRODUCTION TO CAR TRANSFERS



- ▶ • Evaluate patient dependency level
- ▶ • Determine urgency (emergent vs. non-emergent)
- ▶ • Identify environmental hazards
- ▶ • Confirm equipment availability and compatibility

PRE-TRANSFER ASSESSMENT

- ▶ • Mechanical lifts
- ▶ • Transfer aids and slings
- ▶ • Proper equipment positioning around vehicles
- ▶ • Clear communication with the patient

EQUIPMENT & PREPARATION

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- ▶ • Step-by-step transfer demonstrations
- ▶ • Emergent vs. non-emergent approaches
- ▶ • Coordinated team roles
- ▶ • Continuous patient monitoring

TRANSFER TECHNIQUES

► Stand Pivot Transfer

<https://vimeo.com/1149001154?share=copy&fl=sv&fe=ci>



▶ Non-Powered Sit to Stands

- ▶ Part 1 <https://vimeo.com/1149001281?share=copy&fl=sv&fe=ci>
- ▶ Part 2 <https://vimeo.com/1149001619?share=copy&fl=sv&fe=ci>

► Full Patient Lift

<https://vimeo.com/1148998005?share=copy&fl=sv&fe=ci>

► Ceiling Lifts

<https://vimeo.com/1149001887?share=copy&fl=sv&fe=ci>

► Air Transfer Devices

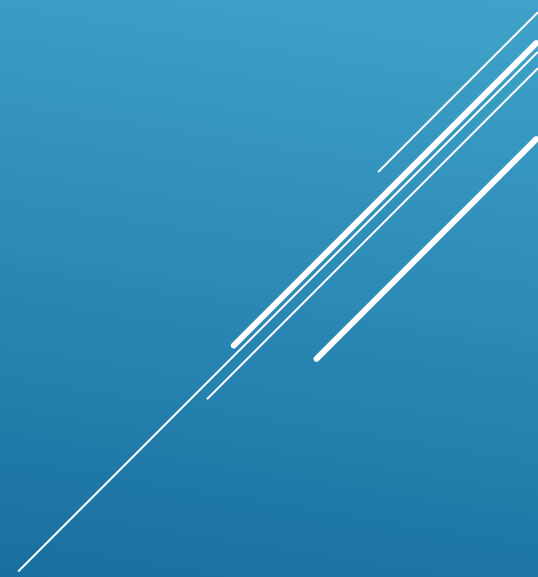
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► EMERGENT!!

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► Back Into Vehicle...

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► Challenges!





▶ Out Patient Off Site Locations



- ▶ • Safe positioning after vehicle exit
- ▶ • Secure patient in wheelchair, stretcher, or bed
- ▶ • Document transfer and observations

POST-TRANSFER PROTOCOL

THANK YOU!!

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BE SAFE OUT THERE...

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Comments, Questions and Answers!

Please email ASPHP at:

Info@asphp.org



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