



# ASPHP Certification Quarterly Newsletter

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Vol. 3: October 2017

## UPCOMING EVENTS:

2018 Safe Patient Handling and Mobility/Falls Conference  
April 16-20, 2018, Rosen Centre, Orlando, FL

The four focus areas for 2018 include:

1. Special Topics in Safe Patient Handling and



**NOW THERE ARE THREE LEVELS OF CERTIFICATION - FOR PROFESSIONAL GROWTH**

## Mobility

2. Safe Patient Handling and Mobility in Special Settings and Populations
3. Program Implementation and Sustainability
4. Mobility-related Adverse Events: Falls, Fall-related Injuries and Pressure Ulcers

Registration is now open. Please contact Valerie Kelleher at [vkelleher@tampavaref.org](mailto:vkelleher@tampavaref.org) to be included on the mailing list or to get a copy of the registration form.

### CERTIFICANTS

Remember to use your CSPHP or CSPHA designation on everything you do!

### ASPHP EDUCATION OPPORTUNITIES: ON-DEMAND FOR INDIVIDUALS OR GROUPS

If you are like most employees today - there are very high demands on your time from work, home and family. And you cannot often get approval for travel to conferences or seminars. Yet maintenance or accrual of continuing education credits is essential for professional development.

Or you may be a coordinator, looking to provide a timely education topic for your SPHM committee or local professional group.

With the recent addition of the "Clinician" (C) level of certification, the ASPHP offers three options for SPHM practitioners to establish their expertise. Certification has demonstrable benefits for an individual as well as their employer. Download Certification brochure [here](#).

The C level of certification is for licensed clinicians coordinating SPHM programs and practicing "at the bedside." RNs, OTs, PTs, PAs and others seeking distinction for their SPHM expertise may be interested in pursuing this credential.

If you are considering certification, or know someone who is, please [visit the certification webpage](#) to find out more. The webpage includes a description of the usual role/responsibilities for each level, along with the requirements and process.

The ASPHP offers assistance for any interested applicant through a Mentor program. Mentors work on a one-to-one basis with potential applicants to answer questions and to help ensure the final application package is complete, for a smooth review process by the Certification group.

Questions? Request for a Mentor? Please contact either Kelsey McCoskey at [kelsey.l.mccoskey.civ@mail.mil](mailto:kelsey.l.mccoskey.civ@mail.mil) or Patti Wawzyniecki at [pwawzyniecki@hovermatt.com](mailto:pwawzyniecki@hovermatt.com).



### CERTIFICANT STAGE: Mr. Jourdan Cantiberos

Each quarter, the Certification newsletter will "headline" a certificant. This quarter, please meet Mr. Jourdan Cantiberos, CSPHP, Clinical Applications Specialist and SPH Consultant for STAT Medical Inc.

Jourdan is a fifth-generation Hawaiian, and resides in Honolulu. His work takes him to all of the Hawaiian Islands. Jourdan enjoys free diving, rock climbing, singing, traveling and driving for Uber. Jourdan states: "I'm a huge Parrothead," and wanted to share these words from Jimmy Buffett "If life gives you limes, make margaritas."

**ASPHP:** How did you get started in Safe Patient Handling & Mobility?

The ASPHP is striving to meet these needs by providing regular education in two ways: a monthly "live" webinar and archived webinars that may be purchased and viewed/listened to, on-demand. Both of these formats are available at a very reasonable cost for ASPHP members and non-members alike. However, the cost is significantly lower for ASPHP members!

There are 16 archived webinars as of this month, covering a wide range of SPHM topics. So whether you are acquiring credits for certification (application or maintenance) or looking for an expert presentation on a particular SPHM topic, please review the list. Spread the word to your colleagues and your organization too. (Please note: only the individual purchasing the webinar is eligible to receive the CEU's/Professional Development credit).

To review the webinar list, please go to:  
<http://www.asphp.org/learning-center/>

### **FREE WEBINAR - SPHM Certification Process - Everything you Need to Know about Applying for Certification through the ASPHP**

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This free webinar, hosted by the ASPHP Certification Team, reviewed the requirements and application process for the three different levels of SPHM certification, including the new "Clinical" ("C") certification for licensed professionals. Using the "C" application as their example, panelists went through each

**JC:** After working as an Emergency Medical Technician for over 5 years with various EMS agencies, I decided that I wanted to advance my career. I also hold a Bachelor of Science in Business Management and had the experience owning a small business and instructing FEMA sponsored classes. I found a new position at Castle Medical Center for Hawaii's first Safe Patient Handling Coach. I co-chaired the Safe Patient Handling Committee and also coordinated numerous environment of care and quality improvement projects.

**ASPHP:** What is your current role and responsibilities?

**JC:** STAT Medical, Inc. represents various biomedical equipment manufacturers in Hawaii and I am the firm's expert on product as it applies to the clinical setting. I also grow markets for SPH products by promoting SPH theory and assisting organizations with starting and maintaining effective SPH programs.

**ASPHP:** Why did you get certified?

**JC:** After 8 years at Castle, I accepted a position as Safe Patient Handling and Wellness Coordinator for Hawaii's largest health system where I initiated my certification process for the CSPHP. The challenges of starting a new program and shaping SPH culture over the past 10 years in a region where SPH theory was generally foreign, helped me develop the confidence and skills necessary to be a safe patient handling professional.

I want to ensure that our clients receive the most competent support possible and to build my credibility as a SPH consultant. Furthermore, I want to establish STAT Medical and the brands we represent as the authority on SPH and Mobility in Hawaii.

**ASPHP:** Has certification made a difference for you and your company?

**JC:** We have experienced SPH equipment market growth and have worked with several local hospitals to establish a programmatic approach as they start or expand their SPH initiatives. We are also experiencing a growing number of post-acute care facilities reaching out to us for SPH equipment solutions and guidance. Many of our clients realize the importance of having a CSPHP involved in their program planning both for ensuring effectiveness and for augmenting program credibility during accreditation and regulatory audits.

**ASPHP:** Are you involved in any other organizations or volunteer efforts?

**JC:** I am a volunteer instructor and emergency management reserve with the Honolulu Department of Emergency Management and a board member for a community wellness and lifestyle organization.

### **JOINT COMMISSION AND SPHM**

Many healthcare institutions maintain accreditation from the Joint Commission (JC). The JC recognizes that no one can achieve patient safety without also working to achieve staff safety. You may have referenced this statement from Barbara Braun, of the JC: "Few activities

section and clarify the criteria, qualifications and documentation for each section on the application. Our goal is for attendees to have a clear understanding of how to successfully complete and submit their application portfolio. Reminder: applications for the "C" will be accepted beginning October 1, 2017. Download PowerPoint SPHM Certification Process Sept 2017 [here](#).

[VIEW WEBINAR](#)

## VISIT OUR WEBSITE!

[www.asphp.org](http://www.asphp.org)

3140 W. Tilghman St.  
#317  
Allentown, PA 18104

### Interested in becoming certified?

**Make certain you use the new user-friendly application now on our site.**

[Click Here](#) to access the application as well as all information regarding certification.

in health care link patient and worker safety more directly than lifting, transferring, repositioning, and ambulating patients."

Communicating this periodically to senior leaders and managers may help influence support or expansion of SPHM programs.

Many JC resources are available on-line. They provide viable SPHM program recommendations and education content. They also include insights for integrating SPHM into existing Environment of Care and High Reliability efforts.

Two of these resources are:

1) "Improving Patient and Worker Safety, Opportunities for Synergy, Collaboration and Innovation;" The Joint Commission, November 2012

This monograph is intended to stimulate greater awareness of the potential synergies between patient and worker health and safety activities. Using actual case studies, it describes a range of topic areas and settings in which opportunities exist to improve patient safety and worker health and safety activities. This monograph is designed to bridge safety-related concepts and topics that are often siloed within the specific disciplines of patient safety/quality improvement and occupational health and safety

To Download: [Click Here](#)

2) "Keeping Patients Safe: Transforming the Work Environment of Nurses;" Institute of Medicine, Board on Health Care Services, Committee on the Work Environment for Nurses and Patient Safety; National Academies Press, Feb 27, 2004

Provides guidelines for improving patient safety by changing nurses working conditions and demands.

To Download: [Click Here](#)

## CERTIFICATION FAQ

### ***What are the ASPHP "Nine Core Competencies" and what is their relevance for SPHM certificants and applicants.***

When the ASPHP certification program began, the certification committee wanted to identify the characteristics of a well-rounded SPHM practitioner and the elements of effective SPHM programs. The nine areas established as SPHM competencies, provide a solid foundation for individuals and organizations to pursue excellence in SPHM.

No one individual is expected to be proficient in every one of these areas. But once certified, certificants are expected to obtain professional development in these areas to maintain and expand their expertise. For applicants, these skills are what the reviewers look for in work history, work product, recommendations, and continuing education. These topics also provide the objectives for webinars, articles, and other educational materials that the ASPHP develops. The skills have been broken into three general categories, shown below. For more information, please visit this site by clicking [here](#).

### Planning a Program

- Finance
- Team Leadership
- Policy and Procedure Deployment

### Implementing a Program

- Training Deployment
- Clinical Knowledge and Experience
- Risk Analysis and Control

### Sustaining a Program

- Program Promotion
- Program Audit
- Unit Specific Customization

The Association of Safe Patient Handling Professionals, [125 Warrendale Bayne Rd., #375, Warrendale, PA 15086](#)

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