

Questions or Concerns

It is the policy of Methodist that all patient transfers are done in a safe manner to protect the patient and staff from injury at all times.

The information and equipment presented here may be new to you. As always, we want to help you and your family feel safe and secure with your care. If you or your family member have questions or concerns about our *Safe Patient Handling Program*.

- Please feel free to
- talk with your nurse.



Methodist

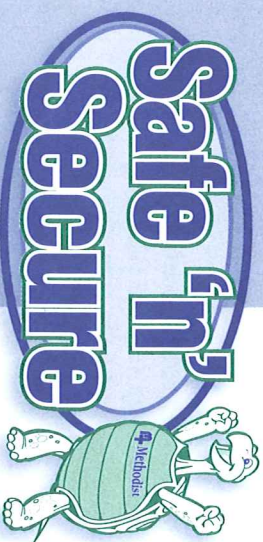
221 N. E. Glen Oak Avenue
Peoria, IL 61636

(309) 672-5522

www.MyMethodist.net

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Safe Patient Handling Program (SPHP)



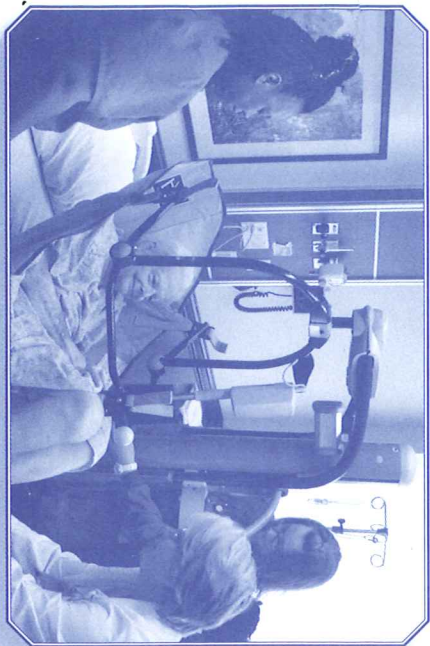
Moving You Safely

*A program designed
for improved patient
and staff safety when
moving you.*

Safe Patient Handling Program (SPHP)

The SPHP is a safer way to help you move and transfer. It is part of a "minimal lift" approach that puts safety first. The nursing and therapy staff will be using special kinds of equipment. This equipment is made just for moving and transferring patients safely and comfortably.

When you are hospitalized, you may be weak. You may not be able to walk or move about without help as you normally would. Our goal is to provide the safest care while you are here at Methodist. When moving you from the bed, chair or stretcher, we will consider your special needs to decide which equipment will work best to keep you and your hospital caregivers as safe as possible.



Equipment we use

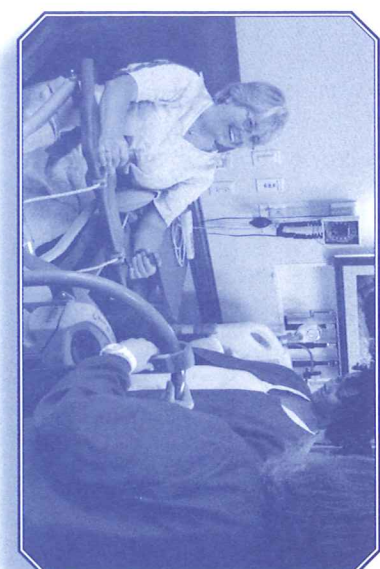
The healthcare team will use scientifically developed methods for determining the best equipment to use to make your transfers and movement both safe and secure. We will explain the use and purpose of this equipment so that you can better understand our program. Should you need further information or education, please feel free to ask your nurse.

Devices

Special equipment used by a physical therapist and other staff may help you more easily work on skills such as walking, balance and strength. Use of equipment allows the staff to concentrate on your skill and strength development while protecting you from falls and protecting the staff from injury. SPHP equipment will allow us to get you moving sooner after injury or illness, and shorten your hospitalization and rehabilitation.

While receiving care at Methodist, you may notice that we use a variety of equipment to help in moving you safely. This equipment may include:

- Ceiling lift tracks [maxi sky]
- Mobile floor-based lifts [maximove/ tenor]
- Stand-up lifts [sara plus]
- Limited assist device [stedyl]
- Air-assisted gurney transfer [hover matt]
- Sliding sheets [maxi slides/tubes]



In addition to our lift equipment, special devices such as gait belts, walkers, trapeze bars or wheelchairs may be used to ensure your safety and help prevents falls.

Program success

Our SPHP has already prevented many injuries to Methodist patients and staff. This program was nominated and awarded the Caregiver Safety Society's "Caregiver Safety Accreditation."

Our program has since served as a model program in the field. We are excited to share outstanding outcomes of our programs with others. We have had the pleasure of presenting and networking at several conferences. Other institutions that want to set up a similar program for their hospitals frequently contact us.

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