

The ANA states “nurses and other healthcare workers face many hazards in their work environments. In fact, healthcare and social assistance workers experience the highest rate of non-fatal occupational injuries and illnesses of any industry sector...”

Strong SPHM programs reduce the risk of injury for caregivers and residents and improve the quality of care.

Successful programs have reduced the incidence of caregiver injuries up to 95%¹.

References

1. American Nurses Association. (2013) Safe Patient Handling and Mobility Interprofessional Standards.
2. Waters, T.R. (2007) When is it safe to manually lift a patient? The revised NIOSH lifting equation provides support for recommended lifting limits. American Journal of Nursing, 107(8), 53-58
3. Nelson, A.L. (ed)(2006)Safe Patient Handling and Movement: A Practical Guide for Health Care Professionals, Springer Publishing Co.
4. Bureau of Labor Statistics,2011, US Department of Labor Statistics

Are You Committed to SPHM?

➡ **Become *Involved***

➡ **Become *Informed***

➡ **Become *Invested***

ASPHP www.asphp.org

ANA www.nursingworld.org

VISN 8 Patient Safety Center of Inquiry
www.visn8.va.gov

ASPHP Working Together



Safe Patient Handling and Mobility (SPHM) in the Long Term Care Setting



***Safety and wellbeing
for residents and caregivers.***

***“You Do Not Have to Carry
The Burden Alone!”***