

*The Importance of Safe Patient Handling and Mobility in
the American Health Care System and
The Nurse and Health Care Worker Protection Act of
2013 (H.R. 2480)*

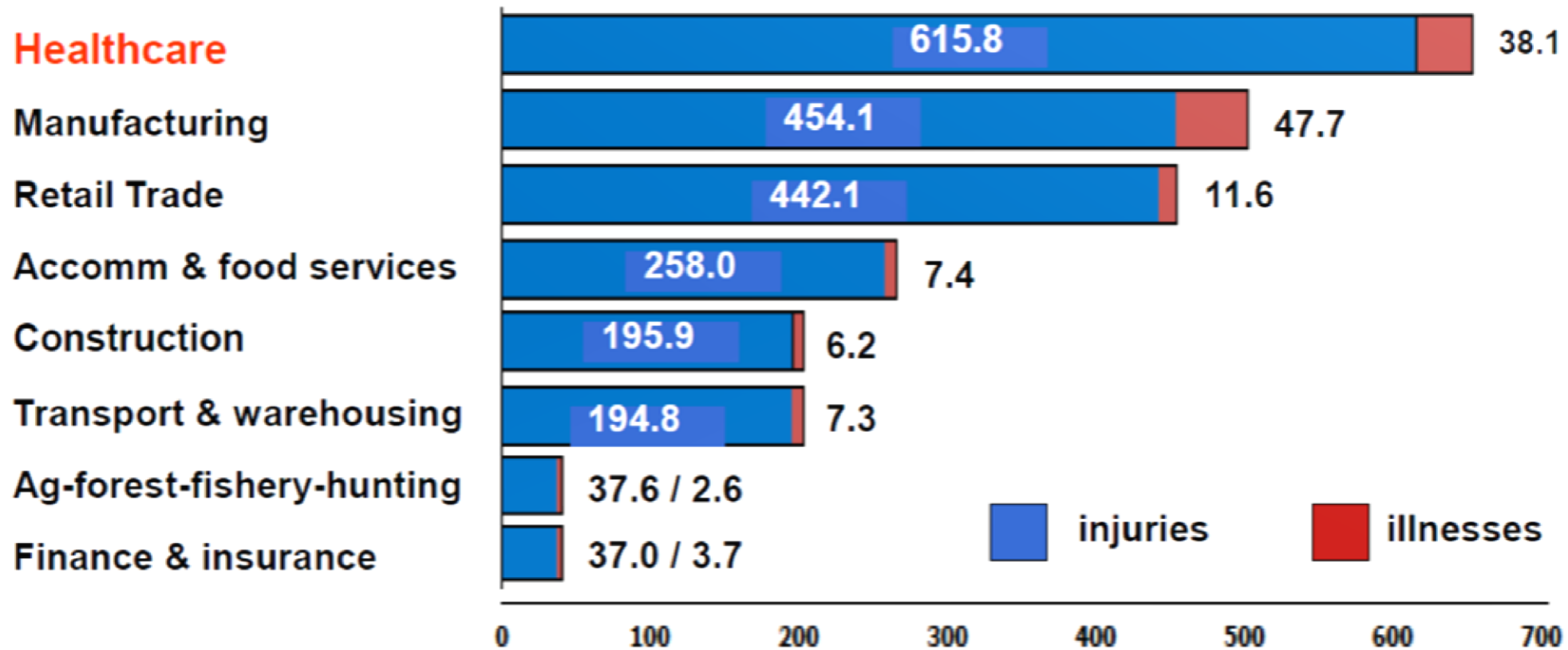
SPEAKERS

- **Karen Daley PhD, RN, FAAN**
President, American Nurses Association
- **Colin J. Brigham, CIH, CSP, CPE, CPEA, CSPHP**
VP, Safety Management and Ergonomics, 1Source Safety and Health, Inc.
- **Ronda Fritz, RN, BSN, MA,**
Safe Patient Handling Coordinator/ ANA and NNA Member
- **Robert Williamson, RN, BSN, MS, CWCP, CSPHP**
Director, Associate Safety, Ascension

Moderated by Jaime Murphy Dawson - American Nurses Association

Healthcare Is Not A Safe Industry For Its Workforce

Distribution of (selected) nonfatal occupational injuries and illnesses by private industry sector, 2010

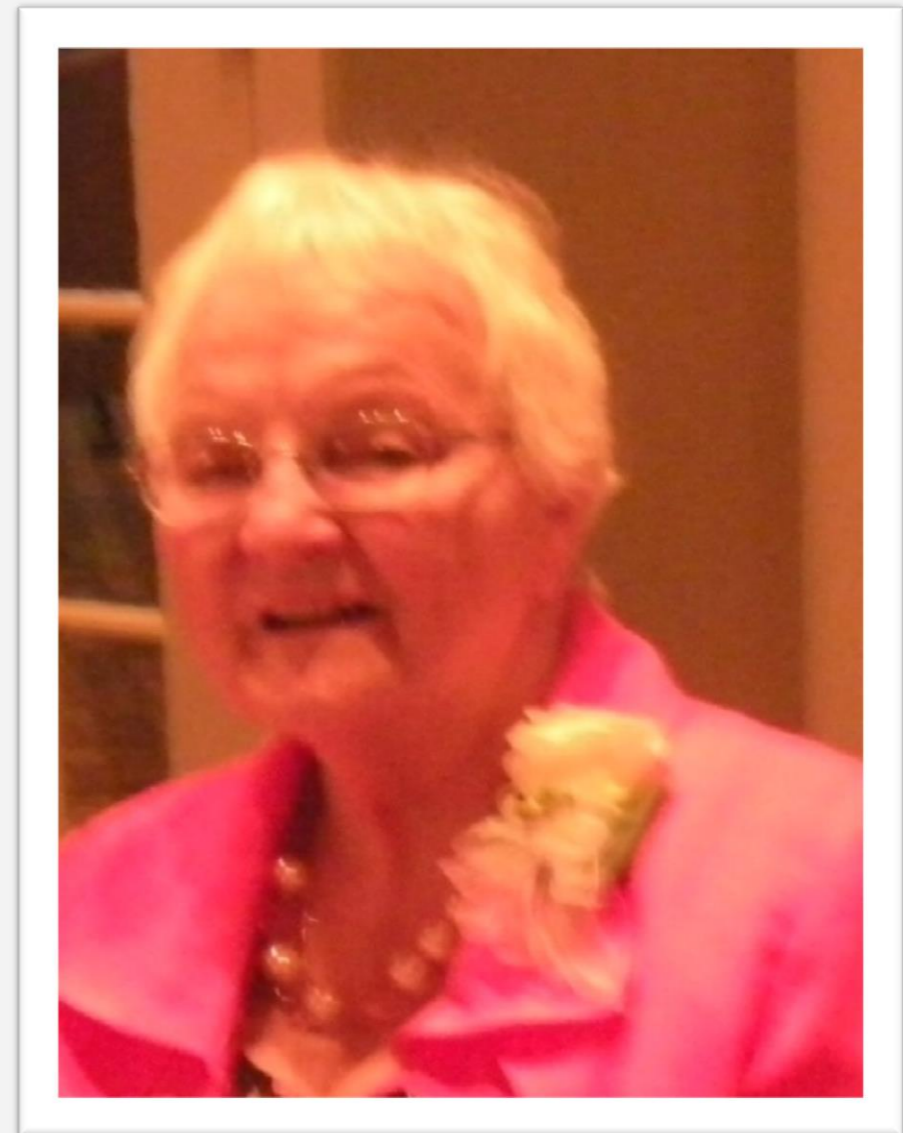


Source:

Bureau of Labor Statistics, U.S. Department of Labor, October 2011

THE ADMISSION

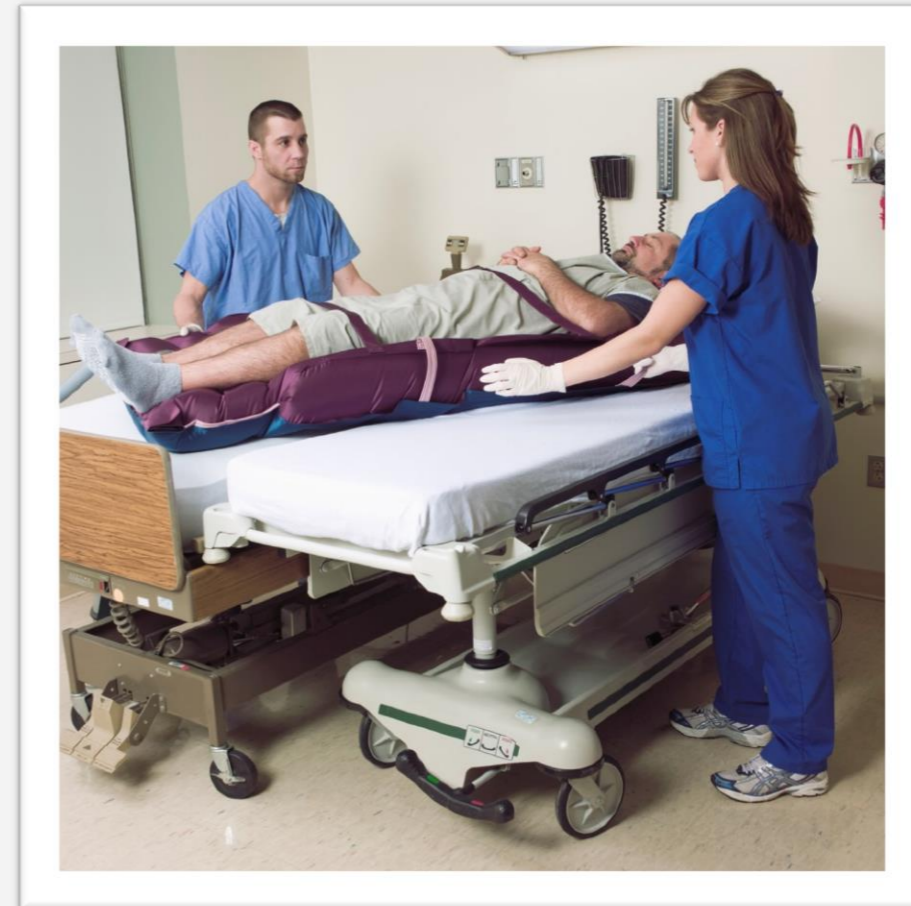
- Date: July 30, 2011
- Conditions:
 - High fever
 - Cognitive impairment
 - Difficulty walking
- Diagnosis:
 - Urinary tract infection
 - Left side loss of function
 - Possible mini-strokes



INITIAL TREATMENT

- Transferred to the cardiac care unit (CCU) of an affiliated hospital
- My sister accompanied her
- One nurse attempted to move my mother (weight reportedly 151 pounds) to a chair
- My sister heard groan behind curtain after my mother fell
- Additional staff summoned by nurse

CONTINUING TREATMENT



IMPROVING THE QUALITY OF CARE



The Association of Safe Patient Handling Professionals

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About Us

The Association of Safe Patient Handling Professionals, Inc. (ASPHP) was formed as a non-profit corporation to provide a venue for individuals interested in the science of safe patient handling to share experiences, access education and information, and if they choose, to advance their professional status through a Certification Program based on recognized standards. The membership of the ASPHP works together to build a credentialed profession dedicated to the safety and comfort of caregivers and their patients worldwide.



Mission

To improve the safety of caregivers and their patients by advancing the science and practice of safe patient handling.

Leadership

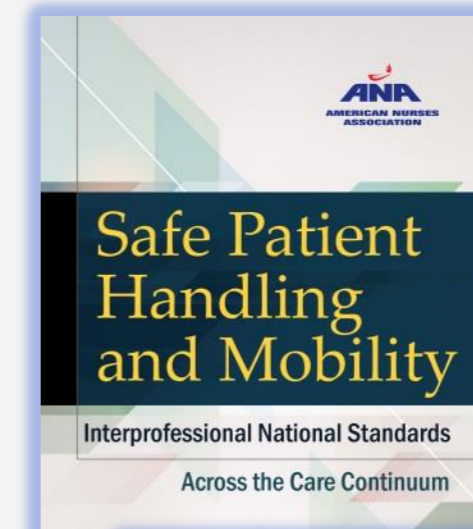
In This Section

- [ASPHP in the News!](#)
- [ASPHP SPONSORS](#)
- [Making A Statement](#)
- [Meet Our Leaders](#)

[Become A Member](#)

Esther Murray
RN, MSN, COHN-NC, CSPHP

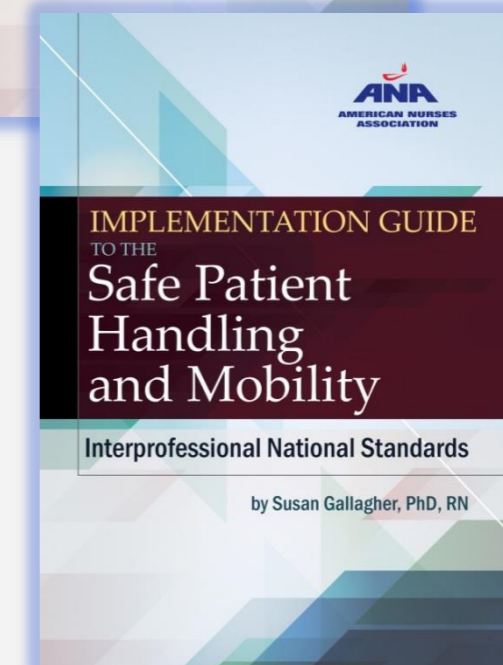
[July SPH Webinar](#)



ANA
AMERICAN NURSES ASSOCIATION

Safe Patient Handling and Mobility

Interprofessional National Standards
Across the Care Continuum



ANA
AMERICAN NURSES ASSOCIATION

IMPLEMENTATION GUIDE
TO THE

Safe Patient Handling and Mobility

Interprofessional National Standards

by Susan Gallagher, PhD, RN



The Impact of Comprehensive SPHM Programs

Ronda Fritz, RN, BSN, MA
Safe Patient Handling
Coordinator

What we know

- 1.8 tons!

Tuohy-Main (1997) Why Manual Handling should be eliminated. Geriatrics 15:10-14

- 35 lbs Max!

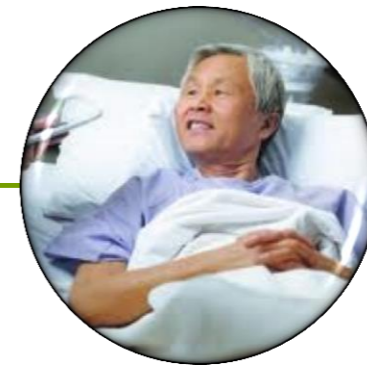
Waters, T. R. (2007). When is it safe to manually lift a patient? American Journal of Nursing, 107(6), 40-45

- HCW suffer micro fractures & micro tears when safe weight exceeded!

200 pound patient x 5 patients x 2 lifts/hour x 8 hours = 16,000 pounds (8 tons)

What we know

- Manual lifting injuries are the # 1 cause of lost work days for health techs/orderlies/aides nationwide over the past decade BLS 2011
- 62% of nurses worry they will suffer a disabling musculoskeletal injury
- More than 50% say they have experienced pain related to musculoskeletal injury either caused or made worse at work
- 8 in 10 experience frequent musculoskeletal pain
- Nearly all say they have worked in pain during the past 12 months



Health
Care
Recipients



Health
Care
Workers



Health Care
Organization

Practice?

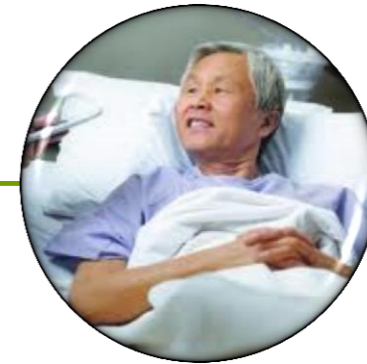


Best Practice?



Best Practice?





Health
Care
Recipients



Health
Care
Workers



Health Care
Organization

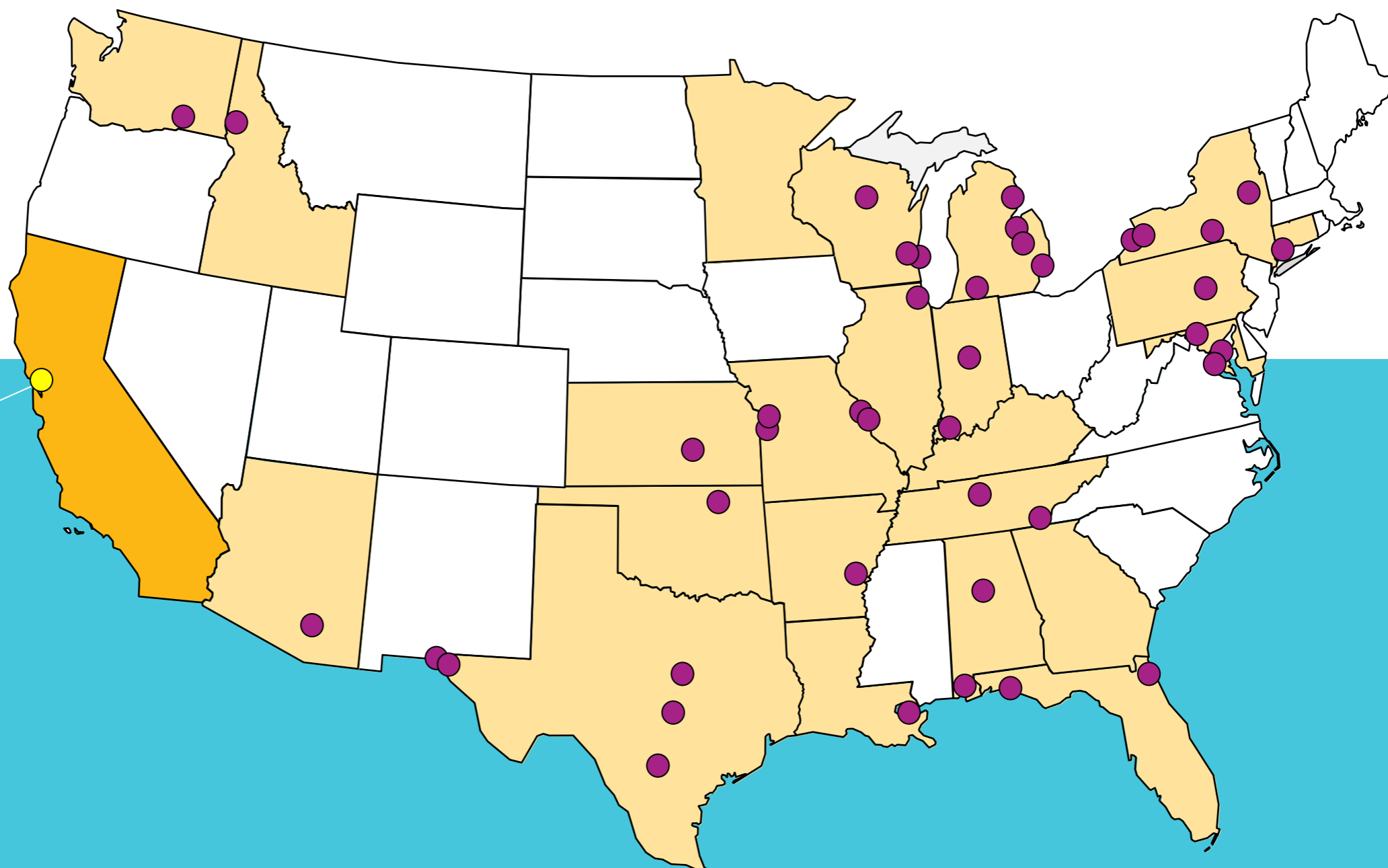
The Costs of Injury and the Alignment of Patient and Worker Safety

Bob Williamson
Director, Associate Safety



OUR SYSTEM

Ascension Health is the largest Catholic health system, the largest private nonprofit system and the third largest system (*based on revenues*) in the United States, operating in 23 states and the District of Columbia.



Daughters of
Charity Health
System is
an affiliate of
Ascension Health

HEALTHCARE THAT IS SAFE

Safe, Clinically Excellent, High-Reliability Care

- Achieve Healing without Harm
- Expand use of common clinical guidelines and metrics
- Expand high-reliability efforts across the continuum of care

Manage the Health Outcomes and Costs of Defined Populations

- Care-models development
- Business-models development
- Common-infrastructure development

Common Safety Behaviors for Patient & Associates

Key points of Alignment:

- Changes mind set of “sacrificing my safety to care for my patient”
to...
- “Quality care starts with my safety”
- Accepting that safe associates = safer patients
- Language of caring
 - Common language which empowers staff with scripting on how to discuss both patient and personal/worker safety

The Cost of SPHM Injuries

Occupational injury costs

Treating events of harm to patients

Overtime, inconsistent staffing

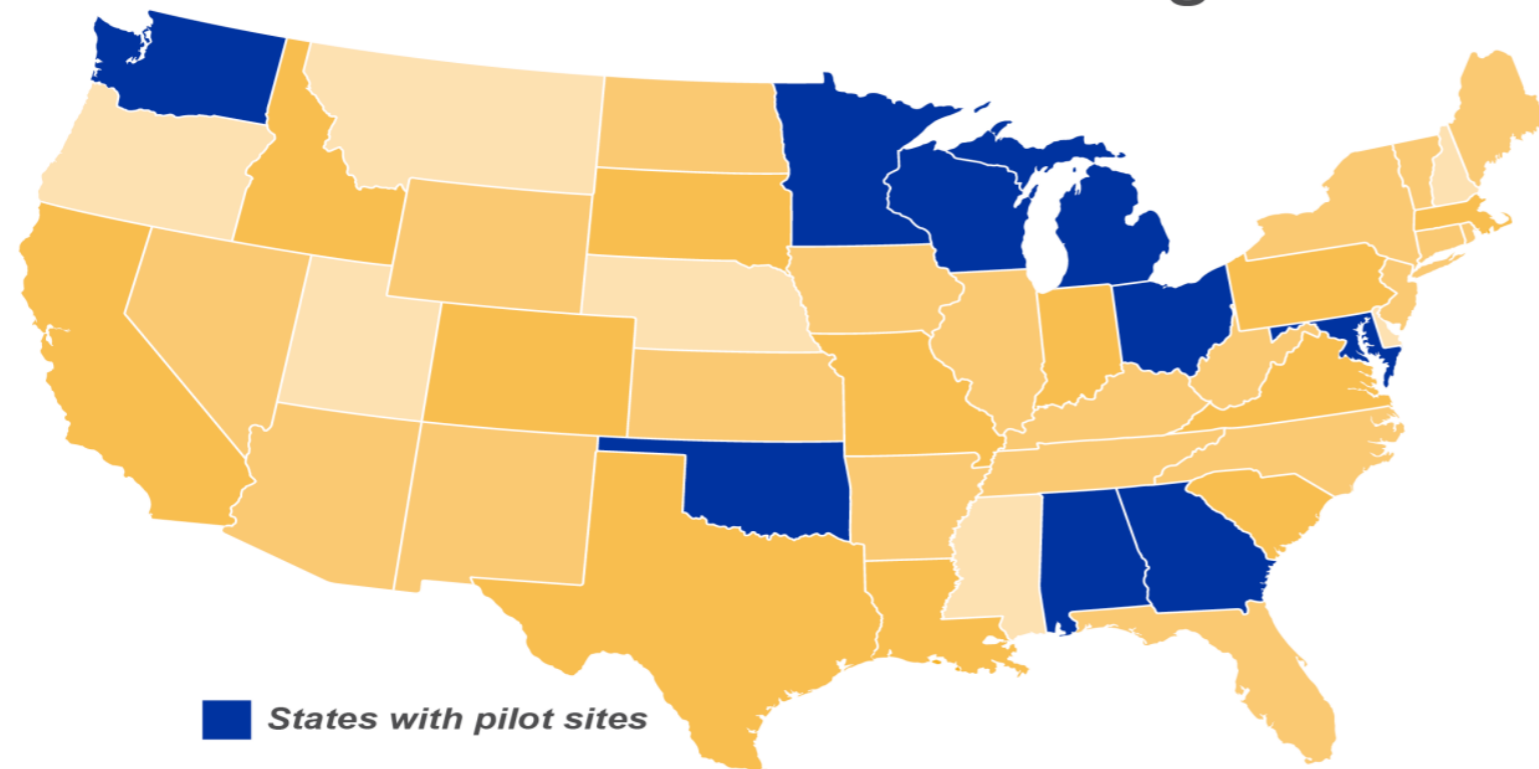
Turnover, recruiting, retention

Productivity and engagement

CMS – Leading Edge Advanced Practice Topics (LEAPT)

50 PILOT SITES

across the nation are leading this effort



Ascension Health (AH)

— 18 sites

Georgia Hospital Association Research
and Education Foundation (GA)

— 5 sites

Minnesota Hospital Association (MN)

— 10 sites

Ohio Hospital Association (OH)

— 6 sites

Washington State Hospital Association
(WA) —11 sites

CMS – Leading Edge Advanced Practice Topics (LEAPT)

INNOVATIVE KEY LEARNINGS

Culture and
Teamwork

Communication

Tools and
Education

Patient and
Family
Engagement

Integration of Worker & Patient Safety

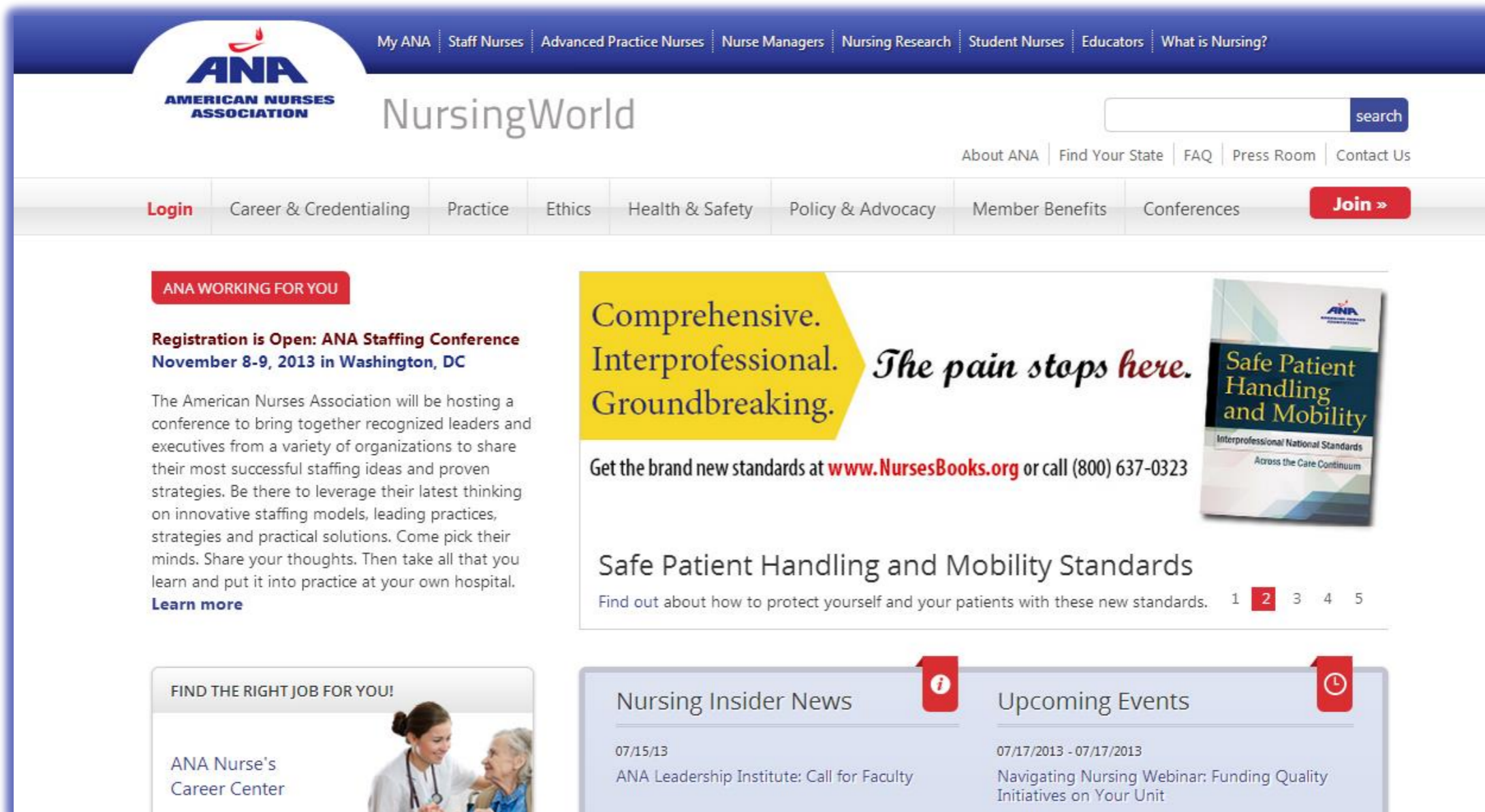
CMS – Leading Edge Advanced Practice Topics (LEAPT)

Safe Patient Handling & Mobilization

8 Health Ministries adopting a full turn-key approach to patient mobilization

Goal: 50% reduction in events of harm to associates in 12 months

 www.nursingworld.org



The screenshot shows the ANA NursingWorld website homepage. At the top, there is a navigation bar with links for My ANA, Staff Nurses, Advanced Practice Nurses, Nurse Managers, Nursing Research, Student Nurses, Educators, and What is Nursing?. Below this is the ANA logo and the text "NursingWorld". A search bar is located on the right side of the header. Below the header, there is a secondary navigation bar with links for Login, Career & Credentialing, Practice, Ethics, Health & Safety, Policy & Advocacy, Member Benefits, Conferences, and a red "Join >>" button. The main content area features several promotional banners. On the left, a red banner reads "ANA WORKING FOR YOU" followed by a text block about the ANA Staffing Conference. In the center, a yellow banner promotes "Safe Patient Handling and Mobility Standards" with the slogan "The pain stops here." and a call to action to visit www.NursesBooks.org. On the right, there is an image of the book cover for "Safe Patient Handling and Mobility Standards". Below the book image, there is a pagination control showing "1 2 3 4 5" with "2" highlighted. At the bottom, there are three boxes: "FIND THE RIGHT JOB FOR YOU!" with a link to the ANA Nurse's Career Center, "Nursing Insider News" with a date of 07/15/13 and a link to the ANA Leadership Institute, and "Upcoming Events" with a date of 07/17/2013 - 07/17/2013 and a link to a webinar on funding quality initiatives.

ANA WORKING FOR YOU

Registration is Open: ANA Staffing Conference
November 8-9, 2013 in Washington, DC

The American Nurses Association will be hosting a conference to bring together recognized leaders and executives from a variety of organizations to share their most successful staffing ideas and proven strategies. Be there to leverage their latest thinking on innovative staffing models, leading practices, strategies and practical solutions. Come pick their minds. Share your thoughts. Then take all that you learn and put it into practice at your own hospital.
Learn more

Comprehensive. Interprofessional. Groundbreaking. *The pain stops here.*

Get the brand new standards at www.NursesBooks.org or call (800) 637-0323

Safe Patient Handling and Mobility Standards
Find out about how to protect yourself and your patients with these new standards. 1 2 3 4 5

FIND THE RIGHT JOB FOR YOU!

ANA Nurse's Career Center

Nursing Insider News


07/15/13
ANA Leadership Institute: Call for Faculty

Upcoming Events

07/17/2013 - 07/17/2013
Navigating Nursing Webinar: Funding Quality Initiatives on Your Unit

 www.anasphm.org

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Health & Safety

- ▶ Safe Patient Handling and Mobility
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FIND THE RIGHT JOB FOR YOU!



ANA Nurse's Career Center

Home > Health & Safety > Healthy Work Environment > Safe Patient Handling and Mobility


Safe Patient Handling and Mobility

📧
📄
📱
SHARE

Injuries and musculoskeletal disorders (MSDs) are common in nurses and are often caused by manually lifting and moving patients. This is more than just an inconvenience; these injuries are often life altering and career ending. The American Nurses Association (ANA) works to prevent injuries and protect nurses and other healthcare workers through Safe Patient Handling and Mobility (SPHM) programs and advocacy.


Official Position
In order to establish a safe environment for nurses and patients, ANA supports actions and policies that result in the elimination of manual patient handling.

National Interdisciplinary SPHM Standards – Now Available



ANA, in collaboration with a national working group, developed national interdisciplinary SPHM standards to help hospitals and other health care employers develop safe, effective, and enduring programs. The standards are applicable across the care continuum.

To order, go to nursesbooks.org. Bulk discounts are available.



Learn more about the Standards here.

Endorse the SPHM Standards.

Advocacy

SAFE PATIENT HANDLING AND MOBILITY TECHNOLOGY DEMOS

Presented by

Hill-Rom.

Enhancing outcomes for
patients and their caregivers.

